

MEDIA ADVISORY
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Urban Vision Quest Brings Spirit Connection CD by Aboriginal Businesswoman of the Year

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*Aboriginal Businesswoman of the Year Brenda MacIntyre will launch her first Native drumming and meditation CD **Spirit Connection** with a live performance, ceremony and drumming circle. The free All Ages event will be held at Ellington's Music & Café, 805 St. Clair Avenue West, Toronto at 8pm on April 26, 2007.*

Thursday April 26, 2007, Toronto, Ontario, Canada – Right after being awarded Aboriginal Businesswoman of the Year by the Toronto Aboriginal Business Association, Brenda MacIntyre is releasing her latest studio album *Spirit Connection*. The free, all ages CD Launch Party will feature a performance by Brenda MacIntyre, plus a Native ceremony and drumming circle.

Inspired by a childhood vision and recent art class at Native Women's Resource Centre, Brenda MacIntyre spent the winter in what she calls an "urban vision quest." According to MacIntyre, "I started drawing something the night before class, and it was like a chain reaction. I remembered this vision I used to have as a kid, I realized it was linked to another vision, and the meaning of it all exploded into this painting the next day."

MacIntyre called the painting "Spirit Connection." Over two months of solitude, Brenda created a self-esteem and goal-setting seminar based on the painting and her experiences with the Law of Attraction. During the first seminar, MacIntyre announced a goal to create a studio CD with music, teachings and meditation. The result is the *Spirit Connection* album.

This is MacIntyre's 9th CD. But it's her first studio album to feature teachings, meditations and her signature fusion of Aboriginal drumming and neo soul. The single mother and survivor of depression, poverty and abuse wanted to offer more than entertainment, because she says "The Law of Attraction only works if you have high self-esteem and you can connect to the power and potential of your spirit."

MacIntyre's CD and event are sponsored by *Healing Works* with Joanne Dallaire, whose approach fosters confidence building strategies, skill development and self reliance, resulting in optimum success. "In the discovery of what is working and what is not, you can facilitate change, through problem solving and responsible behaviour," affirms Joanne Dallaire.

Four Winds, a bookstore where body, mind, spirit and family come together are also sponsoring the event. *Four Winds* is host to Brenda's ongoing *7 Keys to Spirit Connection* seminar.

Brenda MacIntyre a.k.a. Medicine Song Woman offers memorable performances and teachings to communities, business teams and groups across Canada. Her next seminar is on April 28th at Four Winds in Toronto and her CD Launch Party is on April 26th at Ellington's Music & Café. For music, seminars and sponsorship opportunities, visit www.BrendaMacIntyre.com or www.MySpace.com/brendamacintyre.

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